



Fitness Liability Waiver and Release Form

Participant Information

Name: _____
Address: _____
City/State/Zip: _____
Phone Number: _____
Email: _____

Emergency Contact Information

Name: _____
Phone Number: _____
Relationship: _____

Liability Waiver and Release

I, _____, wish to participate in the following fitness activities offered by instructors: Renan Espinal, Cristin Rodriguez, Sam Leone, Melanie Harris, Taylor Boyle, Kelly Mirro and Way Finder Fitness LLC/ Way Finder Tribe:

(Check all that apply)

- Fitness Class
- Yoga Class
- Zumba Class
- Boxing Class
- Dance Class

I acknowledge that my participation in these activities is voluntary, and I understand and agree to the following:

1. Assumption of Risk:
 - I understand that participating in physical exercise, including but not limited to fitness, yoga, Zumba, boxing, and dance, involves inherent risks, including but not limited to, risk of injury, illness, or death.
 - I voluntarily assume all risks associated with my participation in these activities.
2. Health and Fitness:
 - I certify that I am physically fit and have no medical condition that would prevent my full participation in these activities.
 - I agree to inform the instructor of any physical limitations, disabilities, or conditions that may affect my ability to participate in the class.
3. Release of Liability:
 - I release, waive, discharge, and hold harmless Renan Espinal, Cristin Rodriguez, Sam Leone, Melanie Harris, Taylor Boyle and Kelly Mirro, of Way Finder Fitness LLC/ Way Finder Trib, its officers, agents, employees, and volunteers from any and all liability, claims, demands, actions, and causes of action whatsoever arising out of or related to any loss, damage, or injury, including death, that may be sustained by me while participating in these activities.
4. Indemnification:
 - I agree to indemnify and hold harmless Renan Espinal, Cristin Rodriguez, Sam Leone, Melanie Harris, Taylor Boyle and Kelly Mirro, of Way Finder Fitness LLC/ Way Finder Trib, its officers, agents, employees, and volunteers from any loss, liability, damage, or costs, including court costs and attorney fees, that they may incur due to my participation in these activities.
5. Photography/Video Release:
 - I grant permission for the use of my image and likeness in any photographs or videos for promotional or educational purposes without compensation.
6. Governing Law:
 - This agreement shall be governed by and construed in accordance with the laws of the state of New York.

I have read this waiver and release of liability and fully understand its terms. I sign it freely and voluntarily without any inducement.

Participant's Signature (Hand signature required): _____
Date: _____

Parent/Guardian Signature (Required regardless of age) (Hand signature required) (If applicable): _____
Date: _____